

Post Shorts

Recycling schedule



The residential and recycling pickup schedule for Dec. 7, is paper. Put items in paper bags, boxes or bundles and place them on the curb.

Veterinary clinic closings, reduced hours

In December, the clinic will be closed Dec. 19, 23 and 26 due to staffing shortage and the Christmas break, and Dec. 30 for inventory.

Reduced hours for December are 9 a.m. to 3:30 p.m., Dec. 20, 22, 27 and 29 and 1 to 3:30 p.m., Dec. 21 and 28.

For more information, contact the VTF, 410-278-3911/4604.

RAB meeting scheduled Dec. 1

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting 7 to 9:45 p.m., Dec. 1, at the Edgewood Senior Center on Gateway Road. The topic will be the O-Field Study Area.

Board meetings are open to the public; all APG employees and citizens are invited.

For more information, call the Information Line, 410-272-8842 or 800-APG-9998.

Clinic offers pet vaccine, microchip clinic

Effective Jan 1, all privately owned dogs and cats residing on the installation must be micro-chipped.

To help accommodate residents with pets, a walk-in vaccination and microchip clinic will be held 9 a.m. to 3 p.m., Dec. 8, at the APG Veterinary Treatment Facility, building 2479.

The clinic is open to all active duty, activated reserve and retiree military personnel who are eligible for services at the VTF (proper ID is required). No appointment is necessary. No sick-call available the day of walk-in clinic.

Services include feline canine distemper shots, \$14; feline and canine rabies, \$8; bordetella/kennel cough, \$13; FIV/FelV test, \$22.50; FelV vaccination, \$13; heartworm and/or Lyme disease test, \$18; microchip, \$20. The user fee for all transactions is \$2.

For more information, call Tamra Warrington or

See SHORTS, page 4

ISSUE HIGHLIGHTS

Page 2

Veterans' Voices

Page 3

Keeping weapons clean

Pages 5

Community Notes

Page 8

MWR

Page 12

KUSAHC health news

Page 13

Sports

Deer pose serious threat to motorists



Photo courtesy of http://www.agileprogrammer.com/images/agileprogrammer_com/dotnetguy/86/o_accident.jpg
After hitting a deer at a high speed, this car, like most involved in accidents with deer, exhibits a large amount of broken glass and dents in the door, side panel and hood. Also notice the hair caught in the doorjam. This kind of damage can cause thousands of dollars to repair, not to mention the possible injuries to passenger or driver.

Rebecca J. Chisholm APG News

It is that time of the year again when men and women get up before the sun, put on their tree-bark camouflage and head off to sit in a cold tree stand all day with the hopes of a deer walking by their spot. As the hunters are walking

into the woods, the deer are running for cover and sometimes into the rush hour traffic on Aberdeen Proving Ground.

"On APG, three to four deer/auto accidents are reported each day this time of year," said Rob Krauer, provost marshal. "These accidents cost an average of \$1,200 to \$1,500

per accident."

By some estimates, there are as many as 1.5 million vehicle-deer crashes each year in the United States, costing an average of about \$2,000 each. About 300 motorists and passengers — and virtually every deer struck — are killed and about 15,000 people are

injured, usually when the driver runs off the road or into oncoming traffic while attempting to avoid deer.

"There are no easy or inexpensive solutions," Krauer said. "The bottom line is that drivers are on their own to avoid deer."

The Directorate of Law

ACS hosts Family Holiday Extravaganza, Tree Lighting Ceremony

ACS

Army Community Service will host their fifth annual holiday celebration and the Aberdeen Proving Ground Tree Lighting Ceremony for APG families at the Aberdeen Recreation Center, building 3326, 6 to 9 p.m., Dec. 7.

All military, Department of

Defense civilians and family members are invited for an evening of games, prizes and snacks featuring complimentary photographs with Santa for all the little wish-makers, face painting, cakewalk, candy guess, and many crafts.

"We are looking forward to our families joining us for an

evening of fun," said Celestine Beckett, ACS director. "This is our fifth year sponsoring this celebration, and previously we've had a tremendous response from the APG community."

The ACS staff invites the community to attend to renew acquaintances, make new

friends, and most importantly, have a great time.

For free tickets to the Family Holiday Extravaganza, stop by the Aberdeen Area ACS, building 2754, Monday through Friday, 8 a.m. to 5

p.m., and the Edgewood Area, ACS, building E-4630, Monday through Thursday, 8 a.m. to 3 p.m.

For additional information, call ACS, 410-278-7572.

See DEER, page 12

New bill could reduce health care costs

Military.com

The chairman of the U.S. Senate Committee on Veterans' Affairs [Sen. Larry Craig of Idaho] has joined in as a co-sponsor of a bill to help federal civilian and military retirees to pay for their health insurance premiums.

The bill, S.484, would allow federal and military retirees to use pre-tax dollars to pay supplemental premiums for the Federal Employees Health Benefits Program, and TRICARE, the military health insurance program. The legislation would also grant a tax deduction to those who purchase TRICARE. According to the non-partisan Congressional Research Service, the legislation Craig is co-sponsoring would save a 60-year old veteran, who is not married, anywhere from \$150 to \$377 per year, depending on income level. A 60-year old married veteran would save anywhere from \$350 to \$880 a year.

The Office of Personnel Management began offering such 'premium conversion' savings to executive branch employees five years ago. The following year, in 2001, Congress extended the tax benefit to legislative branch workers. Experts say the average federal employee now saves over \$400 by paying their share of health insurance premiums with pretax dollars.

The Senate bill has 49 co-sponsors and is now before the Senate Finance Committee. A similar bill in the House of Representatives, H.R. 994, has 276 co-sponsors.

Yvonne Johnson APG News

Despite his British accent, Aberdeen Proving Ground's Staff Judge Advocate is no stranger to the region. Lt. Col. Brian H. Brady previously served at Fort Meade and Fort Belvoir. He assumed the SJA duties in July and he said he was happy to get the assignment.

"We love the area, the people are great and there's good morale operationally," Brady said. "And we're able to enjoy the quality of life here."

As the installation SJA, Brady said he heads "a multi-functional, multi-tasked organization with a number of responsibilities."

"What we have here is typical of offices you would find in most installations around the world, everything from civil law to client services," Brady said. "We provide everything, from ethics advice and training, to litigation and labor law advice so that commanders and organizations can perform their duties without distraction from their mission."

He added that supporting APG is a unique challenge since his attorneys provide legal services to more than 65 tenant organizations with a large civilian workforce, a modest active duty population and a huge retiree population.

"There are other legal offices on post, but they provide mission-peculiar support, while the installation SJA provides coverage for common levels of legal support such as client services, military justice and administrative law," Brady said.

"This is a pool of about 60,000 people counting family

members," he said.

Brady said that his current focus is on gearing up for the approaching tax season.

"The tax program is a commander's program that enhances morale and saves Soldiers significant expense."

While we may have Soldiers working in the center, we are looking for volunteers who can dedicate full-time support to the tax center," he said, noting that starting January 9, the office will provide training in 'valuable skills that can be used again in the future.'

"We are dedicated to providing this service and we encourage volunteers to contact us," Brady said.

"Military justice is still job number one for the Judge Advocate General's Corps, so we assist commanders in maintaining discipline in their units on APG. My uniformed JAG officers are here to make that happen."

"With the advent of Brigade Combat Teams (BCTs) and independent brigade-sized units with embedded judge advocates such as the 20th Support Group/GBRNE, the SJA's role may undergo change in the future," he added.

"SJAs will have to mentor BCT judge advocates from afar but ensure that brigade judge advocates still receive required professional training and development opportunities that unit commanders may not program into their training schedules. The BCT construct will, however, allow judge advocates to train and fight with their clients and this should further enhance their value to commanders," he said.

Although a former member of the U.S. Special Operations Training Command — an assignment where he had to go to jump school at the ripe old age of 35 — Brady said he made his first jump from an airplane at the age of 17, courtesy of the Royal Navy and Royal Marines who ran an extracurricular program for cadets at the boarding school he attended in England.

"Ultimately, the combat zone is what we train for," he said. "Professional Soldiers look forward to deployment. It defines who you are."

Service to the nation means something whether it's "from behind a desk or on the front line," he added. "Everything we do in uniform is important."

Brady was born in Tulsa, See SJA, page 14

'Raw Materiel' kicks off SWA holiday tour in Kuwait



Photo by CHUCK SPRAGUE
The rock ensemble of the 389th Army Band, (AMC's Own) billed as "Raw Materiel," began an extended Southwest Asia tour of military sites at Camp Arifjan, Kuwait, Nov. 19. The 10-member group will perform at sites in Kuwait, Qatar, Iraq and Afghanistan through December. From left Sgt. Gabriel Sanchez on keyboard and Staff Sgt. Eric Avant and Sgt. Steven Lah, Hibbing performing vocals.

Veterans' voices

ChalleNGe cadets assist Veterans History Project

Yvonne Johnson
APG News

The quest to enroll as many Maryland veterans as possible into the Veterans History Project is running smoothly, according to Kathy Abey, the project's district representative for Congressman Wayne T. Gilchrest, thanks in part to cadets from the Maryland National Guard's Freestate ChalleNGe Academy located at Aberdeen Proving Ground. Abey said academy cadets assisted her in setting up a VHP presentation during the

Fall Carnival for patients at the Perry Point VA Medical Center in September. "The cadets were given the "Readers Digest" version of the VHP and how to introduce the project to people who came to our booth," Abey said. "They caught on immediately, and were professional in their presentation to the veterans and their family members as well as to the Soldiers of the Ordnance Center and Schools who were escorting the patients. "Those two young men acted as if they had been doing

the VHP presentation for years rather than the few minutes I had to prepare them," she added. "I could not have asked for better volunteers. They were terrific." One of the volunteers ended up as an office intern for the VHP under the academy's Job Shadowing program. "John [Schiff] worked most closely with the VHP in addition to some general office duties like clipping news articles, making copies, shredding files and answering phones," Abey said, adding that in the past year, several cadets have

assisted in preparing VHP interviews for submission to the Library of Congress. Some of the duties included actual transcription of the video tapes, transcribing personal letters from World War I Soldiers, organizing files and video logs and logging transactions. "We hope that their experience in our office was as beneficial to them as their assistance has been for us," Abey said. "I am especially appreciative of the valuable contribution they have made to the success of VHP."

Veterans History Project Congress created the Veterans History Project in 2000 as part of the American Folklife Center at the Library of Congress. The mission of the VHP is to collect and archive the personal recollections of U.S. wartime veterans to honor their service and share their stories with current and future generations. The project also collects stories from home-front civilians who worked in support of the armed forces. The VHP needs volunteers

to conduct interviews and collect historical documents and donated articles. "It makes a great community service project for school, church and scout groups," Abey said. "By joining you are contributing to the permanent collections of the Library of Congress and helping to record history." For more information or to volunteer, contact Abey at 888-393-3915 or e-mail her at kathy.abey@mail.house.gov, or visit the VHP Web site, www.loc.gov/vets.

Scholarships established for veterans pursuing criminal justice careers

MDVA

Veterans pursuing careers as police, security or corrections officers could benefit from a Veterans Educational Endowment Fund set up by the "Friends for Tim Hutchins" at the College of Southern Maryland. Col. Thomas "Tim" Hutchins, secretary of Maryland State Police, established the fund through the CSM Foundation with an initial gift of \$10,500 to provide scholarships and to pay for books for veterans pursuing studies in the field of criminal justice. "Having been both a career Soldier and Maryland state trooper, I have witnessed the invaluable impact education can have in these fields of public service," Hutchins said. "I also understand the ongoing responsibility we have

as citizens who benefit from the sacrifice of our veterans to assist them in their transition from military to civilian life. "Many of these brave women and men are committed to a life of public service and wish to continue that service after their military career. We need their experience and dedication to duty within the ranks of law enforcement, especially as we fulfill our new role as Maryland's first line of defense against the threat of terrorism. "This new opportunity provided at the College of Southern Maryland will not only benefit our veterans, it will ultimately benefit all of us," he said. The criminal justice and security fields are among the fastest growing professional career areas worldwide. The College of Southern Maryland's crimi-

nal justice program prepares students who plan to serve the community on a local, state or national level in the fields of law enforcement, parole and probation, juvenile justice corrections or criminal justice research, according to Associate Professor Ed Schauf. "The veterans' endowment provides a great opportunity for our veterans returning from Iraq," Schauf said. "They will be able to continue their training and use these skills in our fight against terrorism at home and abroad." Hutchins, who served in the U.S. Army from 1965 through 1967 and with the Maryland Army National Guard from 1968 through 2004, received an associate's degree in criminal justice from CSM, a bachelor's degree in law enforcement and sociology and a master's degree in state and local government from

University of Maryland University College. A retired Maryland State Trooper and former commander of the Maryland State Police Academy, Hutchins represented Charles County as a Maryland State Delegate from 1995 to 2003 when he was appointed Secretary of Veterans Affairs. A golf event is being planned for next spring with proceeds to benefit the Veterans Educational Endowment Fund. To be a sponsor or for details on this benefit event, visit the CSM Foundation's Web site, www.csmd.edu/foundation, or call 301-934-7649. For information on CSM's criminal justice programs, call 301-934-7574 or visit the CSM Web site, www.csmd.edu.

AAFES phone support initiative near \$3 million mark

AAFES

Shortly after the beginning of Operation Enduring Freedom, the Army & Air Force Exchange Service was inundated with calls from everyday Americans who wanted to know how they could help America's troops. After seeking and receiving the required authorization from the Department of Defense in April 2004, AAFES embarked on an ambitious plan to deliver military Exchange Global Prepaid Phone cards to U.S. military men and women serving in support of Operations Iraqi and Enduring Freedom. Today, as troops dial home for the holidays to connect with family and friends, the program, dubbed "Help Our Troops Call Home," is nearing the \$3 million mark. "We're inspired by the outpouring of support the American public has provided the 'Help Our Troops Call Home' initiative," said AAFES' chief of Corporate Communications Lt. Col. Debra Pressley. "The effort has raised \$2,758,711 in just 20 months." AAFES traditionally sees interest in troop support initiatives peak during the holidays. In fact, nearly half of the 111,899 cards issued so far were purchased in December 2004. "'Tis the season to remember the troops," Pressley said. "Fortunately, the outpouring of support coincides with the time of year that troops need it the most." Last month, minutes used at the 70 phone centers AAFES operates on secure military installations throughout Operations Iraqi and Enduring Freedom crept up 6 percent to 14.5 million minutes. Last year, usage spiked 46 percent from 10.7 million minutes in November to

15.7 million minutes in December. If 2004 is any indication, AAFES expects deployed troops to surpass 20 million minutes a month before 2005 comes to a close. Each 550-Unit Military Exchange Global Prepaid Phone card, available at www.aafes.org or 800-527-2345, provides 183 minutes of calling time from Iraq, Afghanistan or Kuwait to the United States. To meet the requirement of calls placed just in December 2004 AAFES would need to issue 85,792 phone cards in just 30 days. "I believe last year's figures illustrate how great the need is," Pressley said. "Although, more than 100,000 phone cards have been distributed in less than two years, we know that 'Help Our Troops Call Home' has just scratched the surface." Any American can make a direct impact on troop morale with a Military Exchange Global Prepaid Phone Card by logging on to www.aafes.org and clicking on the "Help Our Troops Call Home" logo or calling 800-527-2345. From there, the phone cards are sent to individual Soldiers, Airmen, Sailors or Marines (designated by the purchaser) or distributed to "any service member" through the American Red Cross, Air Force Aid Society, Fisher House or USO. "We're looking forward to surpassing the \$3 million mark in a big way," Pressley said. "It is our hope that the holidays will direct thoughts to those who will be so far from home. During this very special time of year, the purchase of phone cards designed for the specific needs of deployed service members is the most effective way to bridge the gap between the front lines and the home front."

America Supports You: Fisher House distributes airline tickets

Rudi Williams
American Forces Press Service

The Fisher House organization uses more than a million frequent flyer miles per week in distributing free round-trip airline tickets to families of war-wounded service members being treated in military and Veterans Affairs medical facilities across the country. To date, the program has distributed more than 4,000 tickets, using more than 150 million frequent flyer miles, said Jim Weiskopf, vice president of Communications for the nonprofit Fisher House Foundation. He said the foundation's general fundraising, including money received from the Combined Federal Campaign, pays airport security fees, taxes and administrative fees on the tickets so there is no charge to the families. Fisher House gets the millions of frequent flyer miles through "Operation Hero Miles," a program that took off in 2004 after U.S. Rep. Dutch Ruppersberger of Maryland convinced U.S. airlines to provide free round-trip airline tickets for service members arriving daily from Iraq and Afghanistan for rest-and-recuperation leave. Ruppersberger challenged the airlines to start the program because he was concerned about placing a financial burden on service members. The program has been expanded to

wounded servicemen and women being treated at major military and Veterans Affairs medical centers across the country. Those who have approved convalescent leave may be given a free round-trip airline ticket to visit loved ones if they're not eligible for government-funded airfare. Family members are also eligible for the free tickets. The unused frequent flyer miles come from private and corporate donations. The tickets are distributed through the Fisher House Foundation, a nonprofit organization that builds homes near and on the grounds of large military and Veterans Affairs medical facilities. Recuperating service members who must be near a hospital for continuing treatment and families visiting loved ones in the hospital can stay in the homes at no cost. Requests for tickets have to originate from a service member and must be forwarded to Fisher House by a hospital social work staff member, family assistance center or service casualty office. "All we want to know is the reason for the hospitalization, and we don't make any distinction whether it was combat related, training accident or sports injury if they're hospitalized due to service in Iraq or Afghanistan," Weiskopf said.

APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMNE-APG-PA, APG, MD 21005-5001, 410-278-1150. Printed circulation is 8,900.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

Editorial content is prepared, edited and approved by the APG Public Affairs Office. The APG News is printed by Homestead Publishing Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with APG. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Homestead Publishing Company of the products or services advertised. For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 2201, IMNE-APG-PA, APG, MD 21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; or send e-mail to editor@apg.army.mil. Deadline for copy is Thursday at noon for the following Thursday's paper.

Staff

APG Commander Maj. Gen. Roger A. Nadeau
APG Garrison Commander Col. John T. Wright
Public Affairs Officer George P. Mercer
Editor Debi Horne
Editorial Assistant Marguerite Towson
Contract Photojournalists Yvonne Johnson, Rebecca J. Chisholm
Graphic Designer/Web Designer Blake Voshell
Web site www.apgnews.apg.army.mil

Rewarding community outreach



Photo by YVONNE JOHNSON
Wanda Story, Chesapeake Beacon Chapter 114 of the Women's Army Corps Veterans' Association, left, thanks Lt. Col. Richard Parker, battalion commander, 16th Ordnance Battalion, for his battalion's participation in the Perry Point Veterans' Day activities with a drawing in building 4510 Nov. 22.

Post Shorts

Dodie McMillan, 410-278-3911.

Chapel presents, Sex, Love, and Relationships for youths

Today's youth are rarely told the whole truth about the consequences of sexual activi-

ty, experimentation and permissiveness.

Pam Stenzel will give a presentation on sex, love and relationships, 6:15 to 8 p.m., each Sunday through Dec. 11, at the Aberdeen Chapel.

This four-part video program will mince no words in showing how pervasive sexual permissiveness is in society.

The program has helped thousands avoid the disastrous consequences of unwise choices.

The material is for all youths grades five through high school.

All youths must be accompanied by a parent or guardian. Single Soldiers and parents are also invited to attend.

Registration is optional, but

is appreciated.

For more information or to register, call the Main Post Chapel, 410-278-4333.

RDECOM/CMA Holiday Food and Toy Drive

The U.S. Army Research, Development and Engineering Command and Army Chemical Materials Agency will hold their 19th annual Holiday Food and Toy Drive for non-perishable foods and clean, gently-used toys for children through Dec. 14.

All non-perishable foods will be accepted, and toys are needed for ages infants through teen-aged children. All items should be clean and in good working order.

The Holiday Food and Toy Drive will end 8 a.m., Dec. 14.

Holiday music with the "ECBC Christmas Ensemble" will be held at the Berger Building (E-3549) cafeteria. Activities include refreshments, fellowship and a visit by Santa Claus.

Donations will be presented to the Edgewood Police Athletic League on Dec. 14. The Edgewood PAL and the Harford County Parks and Recreation will distribute the food and toy donations to needy families in Edgewood.

Three Little Bakers Dinner Theater

The Civilian Welfare Fund will sponsor a trip to the Three Little Bakers Dinner Theater in Wilmington, Del., Dec. 16. Tickets cost \$60 per person and include charter bus transportation, meal, and their show, "Three Little Bakers Christmas Celebration 2005."

For more information or to make reservations, call Angela

Keithley or Jacqueline, 410-278-4603/4771.

Vacancy at ChalleNGe Academy

Anyone looking for a challenging career working with teens between the ages of 16 and 18 need look no further. The National Guard Freestate ChalleNGe Academy based at Aberdeen Proving Ground is currently accepting applications for Youth Supervisor 1, a full-time position.

Starting salary is \$11.73 per hour. The position is currently contractual, but can lead to a permanent state position.

If interested call Cassie at 410-306-1839 or come to building 5469 to pick up an application.

Colonial Christmas Tea

The Civilian Welfare Fund will sponsor a Colonial Christmas Tea, 2 to 5 p.m., Dec. 3, at Top of the Bay. Enjoy an afternoon of live music and a spot of tea. Traditional English tea fare will be served (i.e. scones, pastries, tea sandwiches, etc.), by individuals dressed in Colonial clothing. Cost is \$16 per person.

For more information or to make reservations, call Angela Keithley or Jacqueline McKeever, 410-278-4603/4771.

Holiday hotel applications now available

The USO of Metropolitan and area hoteliers have joined forces to help families celebrate the holidays together in an annual "Holiday Hotel" program.

Active duty service mem-

bers (E1 through E6 only) who are on duty between Dec. 20 through 30 and whose families can travel to the area, may be eligible for free hotel rooms for four nights and three days for their families.

No more than four family members may share a hotel room, and recipients are responsible for payment of incidentals including telephone, parking and room service.

The deadline for applying for this program is Dec. 7.

For more information, call Dawn Ruth, 703-696-3279.

WACVA Chapter 70 meeting Dec. 3

The Women's Army Corps Veterans' Association, Free State Chapter 70 of Aberdeen will hold its monthly meeting 11 a.m. at the Aberdeen Senior Center on Franklin Street, across from Festival Park.

The meeting will include planning for the Perry Point Christmas party. All women service members, veterans and active duty, of all branches are eligible to join the WACVA as full or associate members.

The chapter pays for the first year of membership for new members.

For more information contact Judy Fortier, Chapter 70 president, 410-272-4115.

WACVA Chapters 114 holds meeting

The Chesapeake Beacon, Chapter 114, of the Women's Army Corps Veterans' Association will hold its monthly meeting at the Aberdeen Library, 7 Franklin Street, 10 a.m. to noon, Dec. 10.

All women serving in the armed forces are welcome to attend and decide whether they would like to join the Women's Army Corps as regular members of the chapter (all women serving in the Army, Army Reserve, Army National Guard, Army Nurse Corps, Women's Army Corps and Women's Army Auxiliary Corps), members-at-large (women who do not want to belong to a chapter at this time), or associate members (women in the Air Force, Marines, Navy and Coast Guard).

For more information, call Wanda Story at 410-272-5040 or visit Web site www.wacva.com.

ACS announces 'Holiday Sponsor Program'

With the holiday season fast approaching and the nation still fighting the War on Terrorism, the APG community is constantly reminded of the great sacrifices of the men and women in the U.S. armed forces. During these stressful times, some military families are experiencing financial difficulties and require additional assistance. Army Community Service works closely with these families providing supportive services throughout the year.

To make this holiday season a little bit brighter for some of these families, ACS is collecting donations from individuals or groups desiring to sponsor a military family.

For more information, call Arcelio V. Alleyne, ACS Financial Readiness program manager, 410-278-2450/7572, fax, 410-306-2293 or e-mail, arcelio.alleyne@usag.apg.army.mil.

Garrison unit holds coat drive

Winter is fast approaching and there are many in need of a winter coat or jacket.

Help someone in need by donating a new or gently used coat to Headquarters and Headquarters Company, U.S. Army Garrison winter coat drive through Dec. 15.

Coats, winter clothing and food items can be dropped off at Army Community Service building, the Post Chapel, the Commissary, Top of the Bay, and in buildings 4305 and 305.

Coats and clothing should

Community Notes

MOVIES

ADMISSION: ADULTS \$3.50, CHILDREN \$1.75 Building 3245 Aberdeen Boulevard

To verify listing, call 410-272-9008, or visit www.aafes.com and click on “Movie Listing.”

IN HER SHOES

Friday, Dec. 2, 7 p.m.

Starring: Cameron Diaz, Toni Collette, Shirley MacLaine, Mark Feuerstein

Two sisters, one an irresponsible party girl named Maggie (Diaz), and the other an ambitious attorney named Rose (Collette), clash when they move in together.

When Maggie refuses to get a job, Rose gives her the boot, forcing Maggie to shack up with a grandmother (MacLaine) she never knew she had. (Rated PG-13)

THE GOSPEL (FREE ADMISSION)

Saturday, Dec. 3, 7 p.m.

Starring: Boris Kodjoe, Idris Elba, Clifton Powell

As a teen, David Taylor (Kodjoe) was studying to become a minister. However, after his mother suddenly dies and his pastor father arrives late, he accuses his father of caring more about others than his mother.

As a result he runs away and eventually becomes a hot young R&B performer and leads a very self-indulgent lifestyle. When

his father becomes ill, David returns home to find his father's church in disarray and his former best friend now in charge and seemingly caring more about his own image than the welfare of the church or its congregation. Now David must find a way to save the church as well as his own soul. (Rated PG)

ELIZABETHTOWN

Saturday, Dec. 3, 9 p.m.

Starring: Orlando Bloom, Kirsten Dunst, Susan Sarandon, Alec Baldwin

After causing the Oregon shoe company he works for to lose hundreds of millions of dollars, Drew Baylor (Bloom) is fired for his mistake, and promptly also dumped by his girlfriend, Ellen.

On the verge of suicide, Drew is oddly given a new purpose in life when he is brought back to his family's small Kentucky hometown of Elizabethtown following the death of his father, and it falls to him to make sure that his dying wishes are fulfilled. On the way home, Drew meets a flight attendant, Claire Colburn (Dunst), with whom he falls in love, in a romance that helps his life get back on track. (Rated PG)

SATURDAY NOVEMBER 26 CHRISTMAS PRIZE BINGO

Basket Bingo to benefit VFW Post 8185 Ladies Auxiliary to the Water Witch Fire Company will be held at VFW Post 8185, Route 222, Port Deposit. Doors open at 6 p.m., Bingo starts at 7 p.m. Tickets cost \$10 and include all paper cards for 20 games; special single card packet costs \$5 for children ages 8 and under. Extra packets cost \$5. Tickets are available at the door. Door prizes, raffles, refreshments, toys, gifts and more will be available. All children must be accompanied by an adult. For more information or to purchase tickets, call Anne Gibson, 410-378-3338, Stephanie Gibson, 410-378-2672 or Carrie McCall, 410-378-9169.

FRIDAY THRU SUNDAY DECEMBER 2 THRU 4 BEAUTY AND THE BEAST

The Tidewater Players present Beauty and the Beast, 8 p.m. at the Opera Hall, 121 N. Union Avenue, Havre de Grace. Tickets cost \$15 for

adults, \$10 for children. Reservations are encouraged.

For more information or for reservations, call 410-939-5046 or e-mail tidewaterplayers@comcast.net, or visit the Web site at www.tide-waterplayers.com.

MONDAY DECEMBER 5 TOASTMASTERS

Gunpowder Toastmasters Club 2562 will meet 11:40 a.m. at the Gunpowder Club, building E-4650, Parrish Road in Edgewood. The daytime club offers an opportunity for people from APG and the local community to improve their communications, leadership and speaking abilities and to overcome their fear of public speaking. Lunch will be available.

For more information, call Len Kolodny at 410-734-6573 or Jef Harris at 410-436-4109.

SAIC OPEN HOUSE

Science Applications International Corporation From Science to Solutions™ invites the public to an open house and tour at the SAIC Integration and Assurance Center, noon, at Lakeside Facility 1504 Quarry Drive,

Edgewood. The SAIC will formally announce the acquisition of GEO-CENTERS, Inc. and its subsidiaries, EAI Corporation and FOCIS Associates, and introduce its new Homeland Protection and Preparedness Business Unit.

SAIC's Integration and Assurance Center is a state-of-the-art testing facility for chemical, biological, radiological, nuclear, and explosive (CBRNE) systems, will serve as the venue for the festivities. Participants include Congressman Dutch Ruppersberger and representatives from federal, state, and local agencies.

The IAC is the engineering hub for integrated CBRNE systems with a hands-on, interactive, educational showroom to learn about available and emerging CBRNE technologies, their capabilities, and the fundamentals behind their operation.

Light refreshments will be served.

For more information or to RSVP, call Joanna Hannah at 443-402-9361, or e-mail

joanna.m.hannah@saic.com. Directions will be provided.

Force generation requires four R's in restructuring

Col. Randy Pullen

Army News Service

An all-star panel discussed the Army's evolving force-generation system in October and the four R's that it addresses: re-balancing, re-setting, re-capitalizing and re-deploying.

Gen. Dan McNeill, commanding general of U.S. Army Forces Command, led the panel on Army Force Generation, commonly called ARFORGEN, at the Association of the United States Army's Annual Meeting Oct. 4.

Explaining the genesis for the Army's restructuring, McNeill said that the Army's leadership had recognized early that the War on Terrorism would last a long time and that the 33 brigades the Army had Sept. 12, 2001, would not be enough to wage that war.

Resetting comes first

The Army is taking its existing formations, pulling them apart into pieces and then putting them back together in a new way, McNeill said, thus creating more formations which are also more powerful.

"We started with the 3rd Infantry Division," he said, "then continued doing this with the 101st Airborne Division, the 4th Infantry

Division and the 10th Mountain Division."

Along with the flexibility that comes with having modular units and more of them, ARFORGEN also entails a sequential approach to readiness that synchronizes unit

capabilities and readiness reporting with equipping and resourcing strategies, McNeill said. He said this improves predictability for commanders,

"We've gone from a force in reserve to a complementary, skill-rich force of specialists."

**- Lt. Gen. James R. Helmly
Chief of the Army Reserve**

The ARFORGEN system places units in one of three force pools:

- An initial Reset/train pool for units redeploying from

long operations;

- A ready pool that includes modular units assessed as "ready" to conduct mission preparation and training;

- An available pool that includes modular units assessed as "available" to conduct missions in support of any regional combatant commander or serve as rapidly deployable contingency forces.

If required, units in the Ready pool can be resourced and committed to meet surge operational needs, McNeill said.

"Everybody fits into one of these pools," said McNeill.

All active and reserve component units pass through the Available pool under this cyclical approach, McNeill said. Active units are in the one-year window of the Available pool every three years, Army Reserve units are available every five years and Army National Guard units are available every six years.

McNeill said he envisioned having 12-16 active brigade combat teams and three to four National Guard BCTs in the

See FORCE, page 12

Pentagon Channel adds podcasting to product line

DODNEWS

The Pentagon Channel added podcasting as a means of distributing the channel's military news and information targeted to the men and women in uniform in early November.

"We are excited about leveraging technology that allows for more programming choices for our men and women in uniform," said Allison Barber, deputy assistant secretary of defense for Public Affairs. "Harnessing this new technology enhances our goal at the Pentagon Channel to communicate relevant, timely and credible military news and information to

the men and women of the military."

'Podcasting' is a method of publishing audio broadcasts via the Internet, allowing users to subscribe to a feed of new files - usually MP3s.

There is no cost to subscribe, and broadcasts will be delivered straight to the subscriber's computer desktop. Files can be either listened to on the computer or loaded on to an MP3 player.

The word 'podcasting' combines the words broadcasting and iPod™, and can be misleading since listening to podcasts requires neither an iPod™ nor any portable music player.

The Pentagon Channel

broadcasts military news and information for and about the 2.6 million members of the U.S. armed forces--active duty, National Guard and Reserve.

Broadcasting 24-hours-a-day, seven-days-a-week, the Pentagon Channel helps ensure that U.S. forces remain the best informed in the world.

Today, more than one million service members on more than 267 military bases, camps and installations in the United States can watch the Pentagon Channel. It is also available to the 700,000 service members and their families serving in 177 countries overseas via the American Forces Radio and Television Service.

The Pentagon Channel also reaches more than 12 million households through commercial distribution via commercial satellite and cable systems nationwide.

DISH Network, as well as divisions of Time Warner Cable, Charter Communications, Cox Communications, Mediacom Communications Corp., RCN Corp., Armstrong Cable Services, Knology Holdings, GCI Communications, Veri-zon Services Corp., and a number of smaller cable companies and public access and government channels in communities around the country carry the Pentagon Channel.

The Pentagon Channel can currently be viewed on military installations worldwide, on the Internet and through cable and satellite systems in the United States.

For more information on podcasting, as well as viewing the Pentagon Channel streamed live, visit <http://www.pentagonchannel.mil>.



Channel 21 features Pentagon Channel programming

The Pentagon Channel features the following programs on Channel 21. These programs are subject to change each week and will be updated accordingly.

Monday

Focus on the Force, 5:30 a.m.
American Veteran, 9:30 a.m. and 9:30 p.m.
Army Newswatch, 11 a.m.
FJ Iraq/AF Prime Time, 1 p.m.
State Department Briefing, 3 p.m.
Around the Services, 5:30 p.m.

Tuesday

Around the Services, 8 a.m. and 8 p.m.
Stallion Report, 10:30 a.m.
Focus on the Force, 1 p.m.
State Department Briefing, 3 p.m.
FJ Iraq/AF Prime Time, 4 p.m.
Army Newswatch, 7 p.m.
Navy/Marine Corps News, 9 p.m.

Wednesday

Around the Services, 8 a.m.
Army Newswatch, 9:30 a.m. and 9:30 p.m.
American Veteran, 1 p.m.
Focus on the Force, 2 p.m.
State Department Briefing, 3 p.m.
FJ Iraq/AF Prime Time, 4 p.m.
Stallion Report, 5 p.m.
Around the Services, 8 p.m.

Thursday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 9 a.m. and 9 p.m.
Navy/Marine Corps News, 11 a.m.
Focus on the Force, 1 p.m.
State Department Briefing, 3 p.m.
American Veteran, 5 p.m.

Friday

Around the Services, 5:30 a.m. and 8 p.m.
FJ Iraq/AF Prime Time, 9 a.m.
Recon, 12:30 p.m.
State Department Briefing, 3 p.m.
FJ Iraq/AF Prime Time, 4 p.m.

Saturday

Around the Services, 5:30 a.m.
FJ Iraq/AF Prime Time, 7:30 a.m. and 9:30 p.m.
Engineer Update, 1:30 p.m.
Opportunity Showcase, 3 p.m.
Army Newswatch, 5:30 p.m.

Battleground, 7 p.m.
Recon, 8 p.m.

Sunday

Army Newswatch, 5:30 a.m. and 4:30 p.m.
FJ Iraq/AF Prime Time, 10:30 a.m.
Stallion Report, 11 a.m.
American Veteran, 1 p.m.
Navy/Marine Corp News, 3 p.m.
Around the Service, 7:30 p.m.
Battleground, 9:30 p.m.

Army Newswatch – Bi-weekly report on the men and women of the Army

Around the Services – From the Pentagon Channel NewsCenter, daily half-hour program featuring military news from top defense officials and the military services from around the world

RECON – A monthly information television program providing an in-depth look at a variety of topics, highlighting the accomplishments of U.S. Military men and women.

Your Corps – Monthly view of the men and women of the Marine Corps

Freedom Journal Iraq – A daily news program produced by American Forces Network Iraq. The program focuses on military missions, operations and U.S. military forces in Iraq

Navy Marine Corp News – A weekly look at the men and women of today's sea service.

Opportunity Showcase - A monthly program dealing with a variety of subjects that benefit small business owners, transitioning military members and other subjects of opportunity-produced by the United States Air Force

The American Veteran - A half-hour video news magazine designed to inform veterans, their families and their communities about the services and benefits they have earned through their service to America and to recognize and honor that service

Battleground - Every weekend, this series features historic films from WWII, Korean War, and the Vietnam War. A Pentagon Channel Original Series

Focus on the Force – A weekly program highlighting missions, operations and people of the U.S. military.

APG closing announcements

If the installation is closed, is experiencing a delay in opening or if liberal leave is in effect due to weather or other emergency situations, check for postings on the local television and radio stations (listed below), WAPG-TV Channel 21 (on Aberdeen Proving Ground), or call 410-278-SNOW (7669). A recorded telephone message will

contain updated information and should begin at about 5 a.m.

Announcements about federal offices in the greater Baltimore metropolitan area do not apply to APG; listen for those that name APG specifically.

For general information, call the APG Public Affairs Office, 410-278-1147.

Station	Frequency	Location
WAMD	AM 970	Aberdeen
WXCY	FM 103.7	Havre de Grace
WBAL	AM 1090	Baltimore
WIYY	FM 97.9	Baltimore
WPOC	FM 93.1	Baltimore
WDEL	AM 1150	Wilmington, Del.
WSTW	FM 93.7	Wilmington, Del.
WSBA	AM 910	York, Pa.
WARM	FM 103.3	York, Pa.
WROZ	FM 101.3	Lancaster, Pa.
WBAL-TV	Channel 11	Baltimore
WMAR-TV	Channel 2	Baltimore
WBFF-TV	Channel 45	Baltimore
WJZ-TV	Channel 13	Baltimore

Reminding employees of holiday ethics

OSJA

The time of year for holiday celebrations is approaching—a time to enjoy the season with friends, family and co-workers. In order to keep these events enjoyable, there are some workplace ground rules that should be observed.

Everyone should be sensitive to the fact that not everyone celebrates the same holidays. What everyone calls the celebration, how everyone refers to the season, and everyone’s greetings to one another should reflect this. At times, generic holiday references may be the most appropriate greeting.

Use of government time

Some holiday celebrations may occur on government time, but only up to a point. Time taken for an actual event—perhaps a "pot luck" in the office, or a luncheon at a restaurant—is not typically an issue. However, preparation for these events can create issues.

Supervisors may permit some use of duty time for preparations. However, preparing holiday events should not become a significant part of any employee's duties. Examples:

- A committee of employees should not spend two duty days visiting potential restaurants to explore facilities and menus, followed by another two days worth of time to inform the group, obtain votes, and develop consensus, followed by another trip to make final arrangements. On the other hand a few telephone calls during the day requesting faxes from restaurants, a couple of short planning discussions in the office, and visiting one or two restaurants during lunch would be permissible.
- A decorations committee should not spend a duty day visiting party shops, followed by another work day organizing decorations. However, a brief planning session on government time, followed by a few telephone calls to party shops, with visits and purchases made after duty hours, and with decorations made during lunch periods or after the duty day, would be permissible. Employees are reminded that appropriated funds may not be used to purchase decorations.

Fundraising

The office may decide to raise money to reduce the cost of a holiday event, but the general rule is "no fundraising in the federal workplace." There is an exception for office events whereby the DoD Joint Ethics Regulation, 5500.7-R, permits employees to raise money among their members for their own benefit when approved by the head of the organization and the Ethics Counselor. For example, employees could have a bake sale to reduce the cost of tickets for the office holiday celebration.

Use the following checklist for such events:

- √ Keep it low key.

√ Use minimal government time. No duty time should be used to bake or purchase cookies. Some minimal time during the day may be used to plan the sale. Employees conducting the sale should do so on their personal time.

√ Government equipment, such as computers and printers, may be used at no cost to the government. Items, such as placards and announcements, may not be ordered from the audio-visual office. Use of government resources requires.

√ Do not solicit outside sources (such as employees of support contractors) to contribute baked goods.

√ Contractor employees and visitors who become aware of the bake sale may purchase items. The important thing is that government employees do not personally solicit contractors, or engage in solicitation that targets them.

√ Outside sources (local restaurants, car dealerships, department stores, professional associations, and contractors) may not be solicited for donations, to include door prizes.

Contractor employees

Contractor employees may attend government office celebrations.

There should be no official encouragement for someone else's employees to leave their workplace. Contract employees can be informed that they may attend and will be a welcome part of the event.

Contractor employee time off, and the nature of the time off (leave, personal day, administrative absence) are between the contractor and its employees. When a contractor's employee is absent, the contractor cannot bill for services not delivered, and may have concerns about issues such as contract schedules, delivery dates and other matters. Accordingly, the contractor must decide if, and under what conditions, its employees may be absent.

Contractor employees may not be tasked, or asked to volunteer to organize holiday events.

Gifts

Gifts among employees may be exchanged during the holiday season. This requires good judgment to avoid creating the perception of partiality or favoritism. Gift-giving in the workplace should be even-handed and democratic in spirit. No one should be left out.

Some specific rules apply:

- The value of a holiday gift to a superior is limited to \$10 and solicited contributions from other employees are not allowed. There are no restrictions on gifts to peers and subordinates.
- A gift cannot be accepted from anyone who makes less money than the recipient does as a federal employee, unless there is no superior-subordinate relationship, and there is a personal relationship that would justify the gift. Again,

the exception would be for a gift where the value does not exceed \$10, with no soliciting of contributions from other employees.

- A gift exchange is allowed among employees. If it is an anonymous exchange, a reasonable value should be established for the individual gifts. If it is not anonymous, \$10 is the limit.

- If contractor employees are participating in an anonymous gift exchange, the gift limit should be \$20, as discussed in the point below.

- Federal employees may not accept gifts from contractors or contractor employees. However, gifts (other than cash) not exceeding \$20 value may be accepted as long as the employee has not accepted other gifts from the contractor that exceed \$50 for the year.

Attendance at parties

All federal employees and contractor employees are free to attend a private party hosted by a federal employee. Food, refreshments and entertainment may be shared and enjoyed. Subordinates may bring hospitality gifts, such as a bottle of wine, but they must not be lavish. Hospitality gifts are not strictly limited to \$10 in value, but this should be a guide. However, hospitality gifts from contractor employees are strictly limited to \$20 in value. Ideally, hospitality gifts will be edible.

Federal employees may accept free attendance at a private party hosted by a contractor or a contractor employee if any of the following conditions apply. If none apply, then the invitation must be declined or the employee must pay for attendance.

- The average cost per guest does not exceed \$20.
- The invitation is based on a bona fide personal relationship with the contractor employee—not just a congenial office relationship.
- The party qualifies as a "widely-attended gathering"—that is, there will be more than 20 attendees representing a diversity of views and backgrounds, and the employee's supervisor determines that it is in the agency's interest for the employee to attend.
- The contractor is having an open-house, open to the public or to all government employees or military personnel in the area.
- The invitation is offered to a group or class that is not related to government employment, such as all GEICO, PFCU or USAA customers.
- The government employee has been assigned to represent the Army at an official function (such as an embassy event).

Government employees may accept free attendance at a party hosted by someone who is not a prohibited source (that is, someone who does not do business with the Army) as long as no one in attendance is being charged for the event.

Holiday greetings

Appropriated funds may

not be used to purchase holiday greeting cards.

Subordinates may not be given the task of preparing or addressing personal greetings.

Official resources—including paper, printers, envelopes and postage—may not be used for holiday greeting cards.

DoD 4525.8-M, DoD Official Mail Manual, 30 Jul 87, Chapter 3, para. P9, does authorize organizations to use appropriated fund postage for holiday greetings when required for international diplomacy.

- Electronic greeting cards with digital photographs, video, sound, or other large file attachments may not be transmitted on official Army systems. Sending such messages with executable attachments, including files that end in “exe” or “jgb,” (such as Santa Bowling for Dwarves) or opening such attachments is not appropriate. This prohibition does not apply to transmitting or sharing "hot links" to holiday greeting sites.

Alcohol

Consistent with paragraph 2-5, AR 600-85, Alcohol and Drug Abuse Prevention and Control Program, official and unofficial functions will not encourage or glamorize consumption of alcohol, and alcoholic beverages may not be given as prizes.

Conclusion

Employees may plan and participate in holiday events. While some limited use of government resources and time is permitted, employees should use common sense and good judgment.

safe and happy.
(Editor's note: The above guidance was provided by Secretary of the Army Francis J. Harvey.)



Chapel services

Catholic Main Post Chapel, 8:45 a.m. South Post, 10:45 a.m.	noon
Gospel Main Post Chapel,	Protestant Main Post Chapel, 10:15 a.m. South Post, 9:15 a.m.

Visit



online at

**www.apgnews.
apg.army.mil**

Keeping weapons clean, functional

Command Sgt. Maj. Marvin W. Womack Sr.
U.S. Army 20th Support Command (CBRNE)

Soldiers are told how important it is to keep assigned weapons clean and functional. Currently there are many commercially-available weapon cleaners, lubricants and preservatives that appear to produce short-term desired results. Those products not fully tested by the Army could affect the long term functionality and reliability of the weapons assigned. Cleaning Lubricant and Preservative, or CLP, has been tested and certified by the Army as an excellent weapons cleaner and it has been proven to out perform commercially available products.

Improper cleaning or lack of cleaning of weapons can cause malfunctions, jams, effect readiness and ultimately cost someone his or her life, said Staff Sgt. Shawne Scott, a platoon sergeant at Fort Bliss, Texas.

“If you’re in a close quartered combat situation and the sight aperture on your weapon is clogged full of dirt, you can’t get a good sight or see what you’re aiming at,” Scott said.

In addition to that, he said that CLP is the best thing a Soldier can use on his or her weapon to prevent problems and daily inspections.

“Making sure someone looks at the weapon everyday is important too,” Scott said.

In a desert environment, clean and lubricate the weapon according to the recommended frequency advised in the weapon’s technical manual. Clean all enclosed areas when possible, away from blowing sand.

Maj. Glenn A. Dean, chief, Small Arms Division, U.S. Army Infantry Center, Fort Benning, Ga., has seen many problems that occur as a result of improperly cleaned weapons and offers answers to questions in regard to cleaning weapons:

Q. What problems most often occur when Soldiers improperly clean their weapons?

A. Weapon malfunction is the most common occurrence. This is caused by insufficiently thorough cleaning, cleaning performed improperly (wrong components removed or improperly installed, or areas not cleaned), or the wrong products used to clean and lubricate weapons -- using commercial products rather than those Army-tested and -approved products and procedures listed in technical manuals.

Q. How could an improperly cleaned weapon affect Soldier readiness?

A. An improperly maintained weapon runs a higher risk of jamming or malfunctioning, which could result in death or serious injury if it occurs under combat conditions. Improperly cleaned and maintained weapons may also improperly wear or corrode over time, which may eventually result in jamming or weapon failure.

Q. What is the best thing a Soldier can do to their weapon to keep it functional?

A. Perform regular, proper maintenance and cleaning as specified in the Technical Manual for the weapon.

Q. Why wouldn’t you recommend using bleach or common dish detergent on weapons?

A. Common household cleaners lack the preservatives and cleaning agents necessary to properly protect the weapon’s metal parts from corrosion. Use of these products can increase the risks of rust, damage to metal, and attracts other contaminants which can contribute to weapon failures.

Q. When it comes to cleaning weapons, what is the biggest rumor Soldiers have regarding cleaning them?

A. Soldiers often do not realize the real point to cleaning is to ensure a properly maintained weapon that will

function correctly -- not to necessarily have a clean appearance.

As a result, they often believe that using commercial products which make the weapon easier to clean is better than using specified products and procedures -- but often, these other products can damage the weapon or result in an increased number of jams and malfunctions. For example, commercial carburetor cleaner is very good at degreasing, but also removes

the protective coating on an M16’s finish, causing it to be more likely to corrode and potentially malfunction.

Q. In hot dry climates/cold climates/ wet climates, do you recommend a different method of cleaning weapons? Are there extra steps to take? Why/why not?

A. Some procedures and products may need to change to fit a specific environment. Proper cleaning and maintenance procedures for other environments are spelled out

in the weapon Technical Manual and related technical Bulletins. For example, in extreme cold weather, Soldiers should lubricate certain weapons with Lubricant, Arctic Weather rather than CLP.

Q. What happens when weapons aren’t lubricated properly?

A. Improperly lubricated weapons do not function consistently and reliably -- they are more prone to improperly cycle or feed and risk malfunctioning or jamming.

Q. In highly sandy environments, are the instructions for the lubrication of weapons different than in a non-sandy environment?

A. A Technical Bulletin recommends using a very light coating of lubrication--only at key points--in a desert environment.

Chapter three of TB 9-1000-262-DT, from page 3-9 to 3-30, articulates, illustrates, and explains in detail the technical aspects Soldiers need to know concerning maintaining functional small arms from 5.56 mm to 40 mm. The TB can be downloaded from http://www.army.mil/usapa/tech/EM_0065_1.html.

13 quick steps to cleaning a weapon

1. Clear the weapon.
2. Remove the sling.
3. Use a scrub brush to remove all dust, mud, sand, debris and carbon located on the exterior of the weapon.
4. Apply a generous coat of CLP (or other authorized product) to all the exterior metal part of the weapon.
5. Select a clean area to place all weapons components (Use rags, empty sand bags or like materials to create a clean surface)
6. Disassemble the weapon.
7. Use a scrub brush or rags to remove all the dust, mud, sand, carbon and debris located on all interior components of the weapon.
8. Apply a generous coat of CLP to all metal interior components including the interior of the barrel.
9. Using the bore brush, the bore chamber brush and issued weapon cleaning tooth brush begin the scrubbing of all the exterior metal parts of the weapon. With a clean cloth wipe off all excess CLP. Use pipe cleaners to clean those hard to reach areas.
10. Upon completing the cleaning of all the exterior parts, begin cleaning all interior parts following the same procedure. Use the cleaning rod, cotton swabs, bore brush, and chamber brush to clean the interior parts of the barrel and chamber of the upper receiver. It is crucially important to remove all accumulated carbon or dirt from the chamber, locking lugs, the bore of the barrel, and all exterior and interior parts/components of the bolt carrier group. Use pipe cleaners to reach all those hard to reach areas. (Do not use Q-tips; they will leave fabric residue, which will interfere with the normal function of the weapon.)
11. Use a scrub brush or a clean damp piece of cloth to clean hand guard and all other plastic parts of the weapon.
12. Re-assemble the weapon.
13. Apply a coat of CLP (or other authorized product) to internal weapon components IAW instructions found in Chapter three of TB 9-1000-262-DT and perform a function check.



Photo by JONI PLATT, 20TH SUPPORT COMMAND (CBRNE)
Capt. David Anthony, Headquarters and Headquarters Company, U.S. Army 20th Support Command (CBRNE), cleans his weapon after returning from a recent session on the firing range.



Morale, Welfare & Recreation

Activities

Registration

Register for any MWR event by visiting the specific facility for the event, mailing in a registration form found in an MWR Program Brochure, visiting MWR Registration, building 3326, or visiting online at www.apgmwr.com.

Holiday Racquetball Tournament

A holiday Racquetball Tournament will be held 6 to 11 p.m., Dec. 15, at the Aberdeen Athletic Center, building 3300.

Competition will include round robin singles and men's and women's events. Four divisions include advanced, intermediate, beginner and novice.

Participants may only enter one event. Trophies will be awarded to the top three players in each division based on win/loss percentage.

Cost to enter is \$5 for military personnel and \$10 for all others. Register by Dec. 13 at MWR Registration, building 3326.

For more information, call Charles Heinsohn, 410-278-3868

Special Walt Disney World offer for military, DoD employees

Walt Disney World offers a special package at Select Disney Value Resorts through Feb. 15.

A standard room costs \$62 per night plus tax, Dec. 11 through 24. Activated members of the National Guard and Reservists who have been active anytime since Jan. 1, 2005 also are eligible for this offer.

Benefits include "Extra Magic Hours" – one of the four theme parks opens one hour early or stays open three hours later (valid theme park admission and resort ID is required); Disney's Magical Express service during the Happiest Celebration on Earth event; specially designed, supervised activitey programs for children.

Military personnel and DoD employees must present proper identification at time of check in. Activated members of the National Guard or Reservists must show active duty orders at time of check in.

Additional per adult charges apply if there are more than two adults per room. No group rates or other discounts apply.

Advanced reservation required. Number of rooms available at these rates is limited.

Learn to build a personal Web site

Child and Youth Services and SKIESUnlimited will present Scratch-Building Your Own Personal Web Site, 5:30 to 6:30 p.m., Thursdays, Dec. 15 through Jan. 19, at the Edgewood Youth Center Computer Lab, building E-1902.

Youths ages 11 to 18 are eligible to attend; youths 13 and under must have their parents register them. This is a Yahoo requirement.

An experienced professional in design, building and maintaining business Web sites will teach students to construct a personal Web site from scratch using the Microsoft Internet Explorer browser, Microsoft FrontPage, Photoshop Elements and Yahoo's Geocities.

The objective will be for each student to have their own free Web site on Geocities that the whole Internet world can see.

Everyone is assumed to be a beginner in this six-week course.

Cost of registration is \$24. Register by Dec. 8. Call 410-278-7479/7571 for an appointment to register.

For more information, call 410-278-4589.

Christmas in Hershey

There's no place like Hershey for the holidays. Visit Hersheypark Christmas Candylane, through Jan. 1 for free. However, select Ride-All-Night and entertainment wristbands are available for purchase. Activities include the Chevrolet Music Box Christmas Show, a visit with Santa and his nine live reindeer, browsing village shops and more.

View the Hershey Sweet Lights from the warm comfort of your car and view 2 million sparkling lights on nearly 600 enchanting animated displays.

Nine themed areas are featured, including The 12 Days of Christmas, Nostalgic Victorian Winter Village, Enchanted Forest, Frosty's Wild Ride and more.

Cars and mini-vans cost \$19, vans and motor coaches cost \$34.

Candylane will be closed Dec. 24 and 25.

Hershey Sweet Lights is a weather dependent event. For the most up-to-date schedule information, call 1-800-HER-SHEY.

'Support Our Troops' ornament pre-sale

A "Support Our Troops" limited edition ornament, reproduced from original artwork, can be pre-ordered for \$14.

This unique collectible features a "Support Our Troops" U.S. flag ribbon, and official logos of the Departments of Defense, Army, Navy, Air Force, and the Marine Corps.

The ornament is etched in solid brass, finished in 24-karat gold, and screen-printed with three colors.

A portion of the proceeds benefit the Fisher House, a national not-for-profit organization that provides temporary lodging for members of the armed forces, veterans, and their families during a medical crisis.

For more information, call MWR Registration, Tickets, and Leisure Travel Center, 410-278-4907/4011 or e-mail mwr_registration@usag.apg.army.mil.

Radio City Christmas spectacular

Travel to New York City to see the Radio City Music Hall Christmas Spectacular featuring the Rockettes.

Tickets for performances on Dec. 3, 10 and 17 cost \$121.

After the show, there will be time for holiday shopping.

Passport to Manhood

Passport to manhood, a program designed for young men, ages 9 to 16, will be held 6:30 to 8 p.m., on Thursdays.

All young men are welcome to come and learn about their future as men.

Each class will feature a guest speaker.

Parents are invited to come and share this experience with their children.

The designated meeting date and time will be established pursuant to the availability and time of the parents.

Annual CYS memberships cost \$18 per child or \$40 per family.

Introductory sports playgroup

A new introductory sports playgroup program for Family Child Care youths will be held

11:30 a.m. to 1 p.m. each Thursday at the Edgewood Youth Center, weather permitting. The program will not be held on holidays.

This program will launch children's interest in sports in a non-competitive fashion

For more information, call Chris Fielder, 410-436-2862.

Friday Social at Top of the Bay

Free munchies, music and games are featured at the Friday Social, 4 to 8 p.m. in the Down Under located on the lower level of Top of the Bay. Additional beverages and food are available for purchase.

Rock climbing, darts, cards and table tennis are featured. Participants could win prizes and trips.

Specially priced Eastern Caribbean Cruise

A seven-day cruise aboard the Carnival Triumph will depart Miami, Fla., Jan. 14 and includes stops at San Juan, P.R., St. Thomas, U.S. Virgin Islands, St. Maarten and three days at sea. The special price for the cruise is \$1,182 per

person (based on double occupancy).

Government fees/taxes, insurance and roundtrip airfare from BWI are included. Rates are subject to availability and may change without prior notice. Restrictions apply.

Daytona Race specials

Three specials are being offered for race weekend, Feb. 16 through 19 in Daytona. The last day to purchase tickets is Dec. 16.

GREAT AMERICAN RACE WEEKEND is a two-day package including one ticket for both the Daytona 500 and Hershey's Kissables 300 Busch races for \$103.28 per person (regularly \$162).

The seats are located on the superstretch in Allison, Lund or turn 2 sections.

ALL AMERICAN OFFER includes one seat for the Daytona 500 and one Daytona 500 hat for \$102.25 per person (regularly \$132).

The seats are located on the superstretch in Allison, Lund or turn 2 sections.

NEXTEL FANZONE PASS for the Daytona 500 race only costs \$75 per person (regularly \$90).

For more information or to purchase tickets, visit MWR Registration, Tickets, & Leisure Travel, building 3326, call 410-278-4907/4011 or e-mail mwr_registration@usag.apg.army.mil.

Discount hotel rates for Sydney, Australia

G'day mate – go walkabout in Sydney, Australia, with discounted hotel rates.

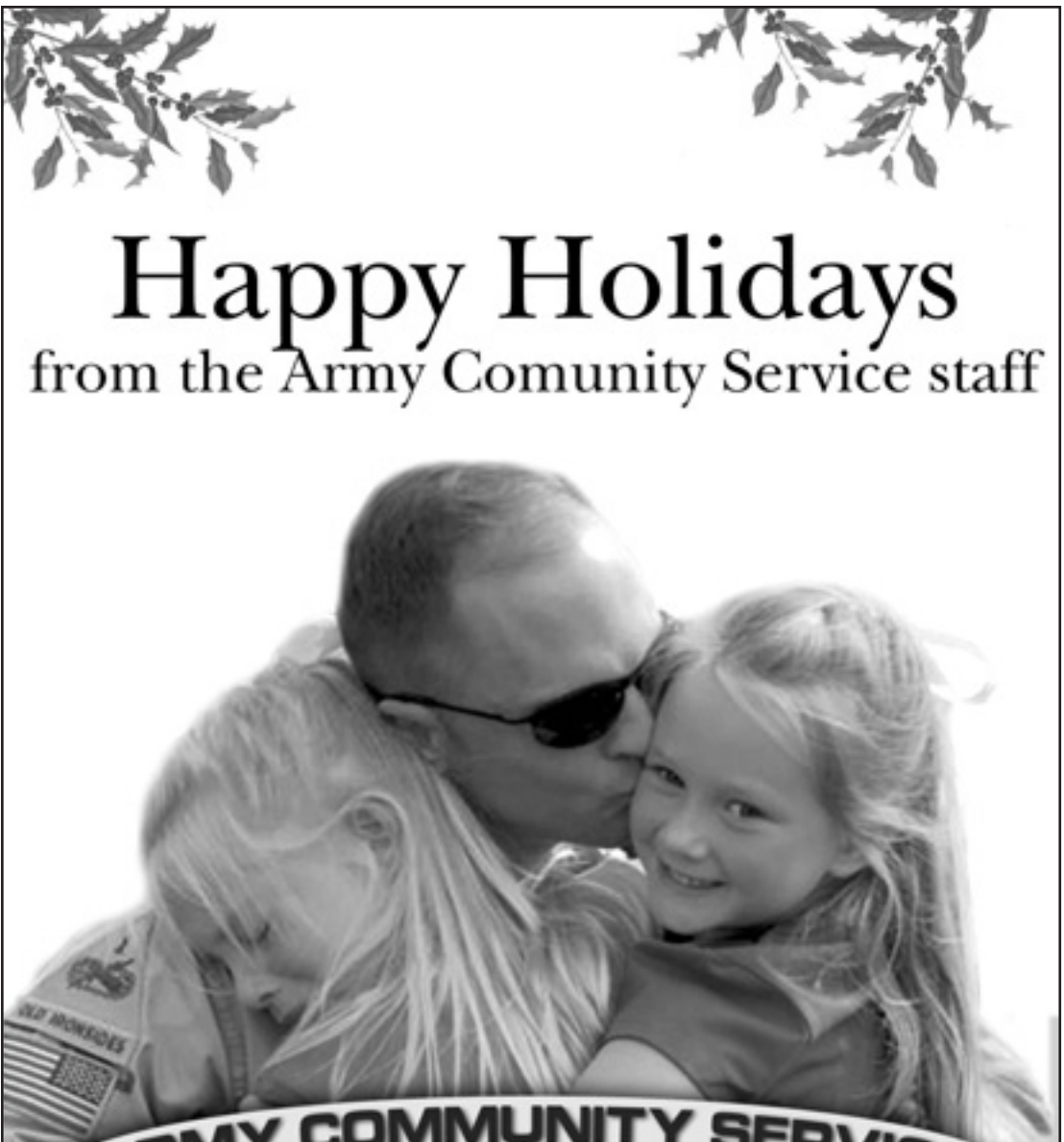
Spend eight nights in Sydney with a choice of discounted hotel packages.

A centrally located three-star accommodation is available at \$1,225 per person (based on twin share).

Price includes return economy class air travel from Los Angeles to Australia and a special introductory welcome pack upon arrival. Add-on airfare from other cities in the United States is available. Airfare from BWI Airport is not included.


Other packages are available to choose from.

Prices are subject to change, and are based on twin share, hotel availability and seasonal rates.



Happy Holidays

from the Army Community Service staff



ARMY COMMUNITY SERVICE
ACS
Real-Life Solutions for Successful Army Living

AA
Main Office
Building 2754
Monday - Friday
8 a.m. to 4:30 p.m.
410-278-7572/7474

Holiday Extravaganza & Holiday Tree Lighting Ceremony
Dec 7, 6 p.m. to 8:30 p.m.


Army Family Team Building Birthday
with cake cutting at the Commissary
Dec 16, 11 a.m. to 1 p.m.

EA
Limited Service
Main Office
Building E-4630
Monday - Thursday
8 a.m. to 4 p.m.

Volunteer Gift Wrappers wanted
410-278-2464
Wrapping available until Dec 24

Army Volunteer Corps has openings
for you and your needs

The Self-Help Job Information Center
is available from Monday through Friday
8 a.m. to 4:30 p.m.



Call ACS for more information.
410-278-2464

LIBRARY BOOK CORNER

Operating hours of the Aberdeen Library, building 3320, are 1 to 5 p.m., Saturday and Sunday and 11:30 a.m. to 6:30 p.m., Monday through Thursday and closed on Friday. For more information, call 410-278-3417.

The APG MWR Library has the following new audio books on CD.

The Architect by Keith Ablow

The Camel Club by David Baldacci

Predator by Patricia Cornwell

Consent to Kill by Vince Flynn

Always Time to Die by Elizabeth Lowell

Sweetwater Creek by Anne Rivers

Siddon

At First Sight by Nicholas Sparks

The library's Web site, www.apgmwr.com/recreation/libraries.html, provides access to the library's online catalog and also has a complete annotated listing of the library's new material, as well as a list of available films on DVD.

SCHOOL LIAISON

NASA Space Camp applications being accepted

Applications are being accepted for the 2006 Bernard Curtis Brown II Memorial Space Camp scholarship. Children of an active duty military parent enrolled in grades six through nine are eligible to apply. The scholarship is funded by the military Child Education Coalition.

Full tuition includes meals, lodging, program materials and transportation from the student's home base to nearest Space Camp.

The deadline for completed applications is April 1, 2006.

For more information or to apply for the scholarship, call Ivan Mehoskey, 410-278-2857, or visit Web site <http://www.militarychild.org/SpaceCamp.asp>.

SAT test dates set

SAT test dates for 2006 begin in January

and continue through June. Registration deadline and fee of \$41.50 is due Dec. 22, to take the SAT test on Jan. 28.

To register visit www.collegeboard.com or visit child's school guidance office.

The APG School Liaison Office, building 2752, room 111, has more information on SAT dates and fees. Call 410-278-2857.

Mentoring support needed

The APG School Liaison Program is currently seeking an APG organization that would be interested in mentoring elementary age students in grades 1 through 5 at the George D. Lisby Elementary School at Hillsdale in Aberdeen. The need is great and the reward immeasurable.

Anyone interested in providing support that can make a big difference in the life of a student, should contact Ivan Mehoskey, 410-278-2857.

CFC – Girl Scouts of America help shape lives

Lisa Mack
CFC Chairperson

The Girls Scouts of America is often thought of as a club where girls go to play games after school and there are no real goals set to help guide participants.

Such a misconception can be changed by observing a meeting or volunteering as a helper.

In the Girl Scouts young girls are taught to respect themselves and others through interaction with the community.

The members do play games and create crafts, but there are lessons taught during these activities, even if they are something as simple as taking pride in a drawing created or seed planted in the hope it grows into a garden.

Contributors can give to the Girl Scouts of America through the Combined Federal Campaign of Central Maryland, charity code number 8050.

The final drawing for the two remaining

Chris White prints, “Annapolis – College Creek,” was held Nov. 30. The winners will be announced in next week’s APG News.

The following organizations have been added to the list of agencies that have exceeded their goal, Army Audit Agency, Army Environmental Center, Chaplain Office, Developmental Test Command Headquarters, Test Management and Diagnostic Equipment, Chemical Materials Agency, and the 1st Area Medical Laboratory.

Total contributions to date total \$209,666.82 toward an AOPG goal of \$350,000.

The 2005 Contributor’s Guide for national/international organizations is at website <http://www.cfccmd.org>. Paper copies of the guide and pledge cards are available from each organization key worker or at the APG CFC.

For more information, visit the APG CFC office at building 4302, or call or Mary Cheek, 410-306-1625/6.



Internet based ‘lessons learned project’ provides first-hand assistance prior to deployments

Larry D. McCaskill
RDECOM

Personnel at the U.S. Army SFC Paul Ray Smith Simulation, Training and Technology Center, Orlando, Fla., recently conducted a demonstration for the Secretary of the Army Dr. Francis J. Harvey, of progressing technologies that will assist in the training of units preparing for war far more effectively than the formal lessons learned.

A subordinate unit of the U.S. Army Research, Development and Engineering Command, STTC is developing an asymmetric training tool that enables units in an area of operation to reach back to units preparing to deploy and provide real time information such as up-to-the-minute review of the geographical footprint the incoming unit will be responsible for.

“We received a request from members of the Army Science Board, after we demonstrated the technology at one of their meetings, to brief the Secretary of the Army,” said Maj. Ray Compton, STTC’s director of Military Operations. “Members of the board felt the technology could help resolve a training gap that had been previously identified by the secretary.

“This technology can assist soon-to-be deployed units with identifying concerns about their upcoming mission from those currently on site,” he said. “It’s a super tool that will help units get those lessons learned from the Soldiers on the ground. The input can be provided instantly and would cut some of the training time in half.”

“What you are talking about is a booming technology that will one day spread across the entire Army,” said Neale Cosby, chairman of the Army Science Board’s Operations, Training and Education Panel.

The training advantages the technology offers could not have come at a better time.

“We’re asking green lieutenants who are a year out of college to take charge of a platoon of Soldiers to do some dirty work,” Cosby said referring to fighting in combat. “We have to figure out a way to help (train) these guys.”

The voice-over the Internet training, an element within the asymmetrical training, allows the Soldier to receive multiple levels of information, audio and visual, Cosby said.

“The technology is the basis for wonderful training opportunities and will assist in providing learning capabilities we never dreamed of,” he said.

“The technology provides the capability for individuals all over the world to interact in a common virtual environment via the Internet, said Jeff Stahl, a principle investigator in STTC. “The intent of the research program is to determine if this game-based technology can be leveraged to provide effective military training

against asymmetric warfare.”

The simulation environment can be used to quickly recreate situations in realistic geo-typical neighborhoods within the area of operations that include multiple participants such as Army units, non-combatants, local military and police, coalition forces and the enemy.

“Our vision is that Army leaders in the area of operations would design asymmetric warfare scenarios based on their recent combat experience,” Stahl said. “Using the Internet, they would then be able to assist in the conduct of those training exercises with CONUS-based units preparing for deployment. We believe these simulation exercises, with the after action reviews, can then be provided to the Center for Army Lessons Learned and can be accessed by other CONUS-based units.”

These simulation exercises are a possible improvement over written lessons learned that will better prepare combat forces to conduct operations immediately upon arrival in the AOR, Stahl said. The most powerful element of the technology is it will allow the CONUS-based units to practice their tactics, techniques, and procedures against an opposing force role-played by Army leaders in-theater that have first-hand knowledge of the enemy tactics of today because they just fought the real battle.

“By adding locals as role players (terrorists, non-combatants, and government officials), the simulation will allow training on non-traditional battle tasks such as negotiations, cultural aspects when interacting with the local population, identification of improvised explosive devices and shoot/don't shoot decision-making when non-combatants are involved,” Stahl said.

Compton agreed that the technology could also help ease the pressure Soldiers may have in adjusting to the many cultural differences that comes with deploying overseas.

“Dealing with things as a foreign language and the other sensitivities can be difficult on a Soldier. This technology can reduce some of the stress by letting those ready to deploy observe it first hand and address some of the issues they are worried about before going into theater,” he said.

After spending 90 days working on the training concept, the STTC team was confident they had created scenarios realistic enough to put the technology into action and push its limit.

The purpose of the simulated exercise was to show how a battalion could conduct training on a search and cordon mission per Army training evaluations program standards. The simulation intent was to ensure the battalion would be ready to operate under established conditions in an area of operations based on lessons learned from actual and simulated

combat experiences.

“This training provides real experiences in a simulated setting,” said Staff Sgt. Howard Hizer, noncommissioned officer-in-charge during the training event and a combat veteran from operations in Iraq.

“This type of training exposes Soldiers to experiences they will see in theater well in advance and should ease some of their concerns as well as help with their orientation.”

To create a training environment as real as possible, teams at locations spread across the United States and networked through a distributed environment working their way through various challenges ranging from evacuating a Soldier wounded in action to conducting an after action review to responding to a hostage and direct action event.

Each “unit” worked through the scenarios, reacting to each twist and turn.

“We had numerous nodes on line working and everyone was fully engaged,” said Michelle Mayo, a principal investigator with STTC who served as an operational controller during the exercise. “Overall interest in this technology has increased over the last year and we are constantly working to move it forward. “

The internet-based technology is accessible to those who are part of a “distinctive network,” according to Mayo. One of the attractive features of the technology is its ability to conduct training at many different levels.

“A platoon in Baghdad can transmit its training real time to numerous locations where a variety of squads stateside or world wide can view and participate. Its application is very relevant for today’s operations. We have people working on the improvised explosive device task force who are interested in seeing how they may be able to use the technology now,” Mayo said.

“The simulation prototype supports a wide range of training audiences that include combat, combat support, and combat service support for both the Active Army and Resrve Component,” Compton said. “Basically, the simulation supports any platoon level element conducting asymmetric warfare missions such as those currently employed today.”

“Our next step is to determine the training effectiveness of the simulation by conducting platoon level training exercises,” said Rodney Long, a science and technology manager in STTC. “We are also coordinating with active Army divisions to determine their interest in using the simulation for training.”

“This technology doesn’t take the place of the way we currently train. This technology, melded with tabletop exercises and other forms of training can maximize the training opportunity,” Compton said.

For more information, call Capt. Ilya Dashevsky, 410-278-4567/4195.

USAWOA meetings

The Aberdeen-Edgewood Chapter of the U.S. Army Warrant Officers Association meets on the third Thursday of the month at noon in the Warrant Officer Hut located on School Street.

For more information, call retired Chief Warrant Officer 4 Pete Hill, 410-278-4195.

Shorts

From page 4

be clean and food items non-perishable. Items will be donated to Harford County Social Services.

For more information, call Candace Hollingsworth, 410-278-3000 or Staff Sgt. William Benjamin, 410-278-3539.

61st Family Readiness

Group meets

Headquarters and Headquarters Company, 61st Ordnance Brigade Family Readiness Group meets the third Tuesday of every month.

Guest speakers discuss Army regulations, yard of the month, legal concerns, stress management, unit happenings and other audience-proposed topics. This month’s meeting is 6 p.m., Nov. 15, in building 4310.

USMC wins intramural soccer championship

Marines shut out MRICD, 3-0

Yvonne Johnson
APG News

The U.S. Marine Corps Detachment completed an impressive season with an equally impressive win over the U.S. Army Medical Research Institute of Chemical Defense to win the 2005 intramural soccer championship, 3-0 on Nov. 9.

Playing in the winners' bracket and needing only one win, the Marines cruised to their second consecutive soccer title.

Aaron Enns, USMC coach, said the season was "outstanding."

"There were a lot of hard played games," Enns said, "in fact this team gave us the hardest time."

22nd Chemical grabs first intramural football championship

APG's newest unit wins over MRICD, 13-7

Yvonne Johnson
APG News

Just over a year after standing up on Aberdeen Proving Ground, the 22nd Chemical Battalion established its presence athletically, defeating the U.S. Army Medical Research Institute of Chemical Defense to win its first intramural football post championship, 13-7, Nov. 22.

Michael Williams coached the winning team and Wesley Holmes coached MRICD. Before the game, both agreed their presence in the finals was improbable.

"The season started slow and we never really got a chance to practice due to duty commitments," Williams said, adding that the team lost to MRICD twice during the season.

"We played a lot of good teams and picked up some new players since then," he said. "Tonight we get the chance to redeem ourselves."

Holmes said that despite playing in the losers' bracket

and needing two wins, his team gained momentum from the stunning defeat of defending champion HHC 16th by coming from behind to score 15 points in under two minutes to gain a championship berth the week before.

"It was a pretty good season and we lost to some good teams but we're coming off a great game that that will carry us into tonight," he said. "I like our chances."

Despite a howling wind and rain-soaked field, the 22nd's storming defense pulled down three interceptions then held off a charging MRICD offense in the closing minutes to gain the championship.

MRICD was picked off on its first two possessions, both by the 22nd's Evan Toney who ran one in for the game's first score. The extra point attempt failed and the 22nd took a 6-0 lead into halftime.

MRICD scored on its first possession after the half and made the extra point to go up 7-6 but the 22nd responded

with a three-play drive to go the length of the field for the score to go up to 13-7.

MRICD drove into 22nd territory once more but another interception ended the threat. With time running out, 22nd couldn't get a drive going and had to punt the ball away, but its defense held the MRICD offense as time expired.

"It was a great game with a good effort, we just came up a little short," Holmes said. "We played our hearts out."

"They gave us a great game," Williams added. "We got a little nervous when they went ahead but the defense came through and closed it out for us."

He declined to name an MVP, noting, "We play, win and lose as a team."

"This is an example of the 22nd motto," he said. "'This is how we get her done.'"

The 22nd's Evan Toney had two interceptions and Lester Triplet led the 22nd offense at quarterback.



Members and fans of the 22nd Chemical Battalion flag football team celebrate on the Edgewood athletic field after winning the 2005 intramural flag football championship Nov. 22.

Bow hunter takes rare buck



Photo courtesy of HORACE LUMPKIN, MRICD

Horace Lumpkin, a research technician at the U.S. Army Medical Research Institute of Chemical Defense, poses with this field dressed 101 pound buck that he shot using a bow in Edgewood. The deer has eight points covered by summer velvet and one downward tine (branch of an antler), which makes it rare.

Post season tournament results

The following results are from the intramural soccer and flag football post-season tournaments. For inquiries regarding statistics, contact the APG Sports Office at 410-278-3929.

Intramural soccer Results Nov. 1 Company A 16th, win; Company E 16th, forfeit USMC, 6; Company C 143rd, 3 Nov. 2 MRICD, 4; Company A 16th, 3 Company C 143rd, win; Company E 16th, forfeit	Nov. 7 USMC, 5; MRICD, 4 Company A 16th, 1; Company C 143rd, 0 Nov. 8 Semifinal MRICD, win; Company A 16th, loss Nov. 9 Post championship USMC, 3; MRICD, 0	16th, forfeit MRICD, 47; Company E 16th, 6 HHC 16th, 39; USAF, 0 Nov. 8 22nd Chem., 27; HHC 143rd, 14 Nov. 10 HHC 16th, 13; MRICD, 6 Nov. 15 KUSAHC, 36; USAF, 0 Nov. 16 22nd Chem., 15; HHC 16th, 12 MRICD, 18; KUSAHC, 6 Semifinal MRICD, 13; HHC 16th, 12 Nov. 17 Post championship 22nd Chem., 13; MRICD, 7
---	---	--

Deer

From front page

Learn the three "S's"

If the vehicle has antilock brakes, emergency stops are easy. Stomp the brake pedal as if trying to crush an aluminum can and then Stay hard on it, no matter what happens. Stomp and Stay. Practice at low speeds in an empty parking lot, not during duty hours and preferably not when the roads are wet or icy.

The third "S" to proper ABS procedure is Steering. Unlike the first two "S's" it must be used judiciously.

The beauty of ABS is that it allows continued steering ability during maximum braking. Like a lot of wonderful things, it can be misused. With ABS, if the driver cranks in too much steering, the car will go where steered to go, no matter if that's toward the ditch or oncoming traffic.

A little bit of steering goes a long way. Practice is imperative before attempting to steer while braking hard in an emergency.

Without ABS, it's a lot tougher. The goal then is to push the brake pedal as hard as possible without skidding the tires. Don't even think about turning while braking hard. If choosing to ignore this advice, be certain the steering wheel is pointed absolutely straight ahead when releasing the

brakes or the vehicle dart off in whichever direction the front tires are pointed, which will likely be trees, a ditch, a guardrail or oncoming traffic. Practice in a parking lot.

Don't veer for deer

Risking human life to save an animal is dangerous. Many, perhaps most, deer-crash injuries occur when drivers attempt to avoid a deer and hit a tree, another car or run off the road and flip. "Don't veer for deer."

One equals many

Deer, like other prey animals, almost always travel in groups. If one is seen crossing the road, others are likely nearby. Often, deer travel in single file with considerable space between them. Know that they might not be traveling in the same direction.

Reflections

If one or two whitish reflective dots are seen in the darkness alongside the road, expect to find deer in the road. A deer's eyes are often perceived to reflect white, silvery light, but they can also reflect faint tints of green, blue or yellow. Deer see motion very well but have poor depth perception, which may be why they jump out in front of cars. Load their eyes with bright headlights and they're blind, and scared, and likely to do anything. That might work very well when they're attempting to avoid predators, but it's not so good for escaping a rapidly

approaching mini van.

Brake or gas

If a driver sees deer or their eyes, make a snap decision: either brake assertively (after checking the rearview mirror) or stand on the gas. Doing nothing is mimicking a deer in the headlights. Either slow down to a safe maneuvering speed before the next animal in the herd steps onto the pavement or, if too close or going too fast to stop before the crossing, accelerate to get past the crossing before the next animal. But do not forget to slow down to the posted speed limit once clearing the threat.

Lights

Another bit of advice is not to flip the high beams on to try and scare them, as it won't work. Deer are attracted to headlights. High beams are useful as a preventive measure because they increase visibility for the driver on the sides of the road. If a driver spots a deer, slow down. They are unpredictable and could run or jump.

"All drivers need to heighten their awareness of deer during the fall breeding season. Deer do not stop and look both ways when they cross a highway, so drivers must be vigilant to look out for them," Krauer said.

(Editor's note: Thanks to Community Policing Officer Mike Farlow, Directorate of Law Enforcement and Seucurity, and Ron Kravitz,

Force

From page 5

available pool.

"The process has to result in relevant output: trained and ready forces that could do the job," McNeill said.

AMC has field support brigades

Following McNeill on the panel, Gen. Benjamin Griffin, commanding general of the U.S. Army Materiel Command, said that AMC's mission was to support the force and to support ARFORGEN through its seven life-cycle management subordinate commands.

Griffin said that AMC had increased its presence and ability to support Soldiers around the world by its Army Field Support Brigades located in Iraq, Korea, Europe, Fort Bragg, Fort Hood and Fort Lewis and with its Army Field Support Battalion in Afghanistan. These units are able to provide immediate logistics support to joint forces whenever and wherever needed.

"The joint warfighter is priority number one," Griffin said.

ARFORGEN to change Army education

Gen. William Wallace, until recently commanding general of the Combined Arms Center and Fort Leavenworth, Kan., and now the chief of the U.S. Army Training and Doctrine Command, said that ARFORGEN would necessitate changes to training and leader development, causing a profound impact on the institu-

tional Army.

Changes he said were taking place include:

- More distance learning classes
- Increasing the number of training cycles per year
- Reducing the length of NCO courses
- Eliminating the Combined Arms Services Staff School

"The institutional Army is in this fight, too," Wallace said, adding that the new brigade-centric Army called for a brigade-centric training strategy as well.

Wallace said the bottom line was that the Army needs a near-continuous output of trained leaders and trained Soldiers from TRADOC.

USAR no longer 'force in reserve'

The chief of the Army Reserve, Lt. Gen. James R. Helmly, said that today's Army Reserve was no longer the balanced, just-in-case force that it had been years ago when it mirrored the Army and Army National Guard in its makeup of units and capabilities.

"We've gone from a force in reserve to a complementary, skill-rich force of specialists," Helmly said.

To successfully meet the necessities of the events-based ARFORGEN model, Helmly said that the mobilization process had to be smoothed out by being decentralized.

Additionally, the Army Reserve's current overstructure burden needed to be resolved through the development of a Trainees, Transients, Holdees and Students account. This TTHS account would manage Soldiers currently on a

unit's rolls but not able to deploy, thereby providing a more accurate picture of a unit's go-to-war strength.

When fully implemented, this system would significantly reduce the amount of cross-leveling of Soldiers required for a deploying unit, taking it to the easily-managed cross-leveling of those Soldiers with last-minute problems, such as a broken ankle, Helmly said.

Guard must balance force structure

The director of the Army National Guard, Lt. Gen. Clyde Vaughn, echoed Helmly's concerns on reducing cross-leveling and solving the imbalance in authorized strength and force structure. He saw great benefits from the ARFORGEN system in addressing these issues.

"We are 100 percent behind ARFORGEN," Vaughn said.

Vaughn said the Army National Guard must be a full-spectrum force, with modernized combat support and combat service support. Although there will be some specialized forces, the focus will be on the 34 modular brigade combat teams.

McNeill wrapped up the panel by saying that the ARFORGEN process would be value added to the Army, giving improved predictability of available forces and decreasing the joint force commander's uncertainty whether or not needed units will be ready when called upon.



TRICARE committed to military families with special needs

David N. Tornberg
TRICARE Management Activity

There are more than 100,000 military families with a family member who has been diagnosed with a physical, intellectual or emotional condition and requires special medical or educational services. TRICARE is working hard to meet the needs of those families with the new Extended Care Health Option, or ECHO, program.

Active duty family members eligible

The ECHO benefit delivers financial help to active duty family members with a qualifying mental or physical disability as defined by law. It provides a monthly government cost share of \$2,500 per eligible family member, which is a \$1,500 increase over the Program for Persons with Disabilities' (PPPWD)

cost share. ECHO also offers an integrated set of services and supplies to supplement the basic TRICARE benefits covered by Prime (including TRICARE Prime Remote for Active Duty Family Members), Standard and Extra.

What's new?

While there are many similarities between PFPWD and ECHO, there are a few differences in the basic requirements and benefits, particularly the requirement that services and supplies available under the basic TRICARE program are not available under the ECHO, for example, hearing aids and most therapies, such as speech therapy, physical therapy and occupational therapy.

Also new to ECHO is that service members must show proof of enrollment in their Service's Exceptional Family Member Program, or EFMP,

to ensure their family members can get the best care possible at their existing and future duty assignments.

The Public Health Service and National Oceanic and Atmospheric Administration branches do not have an EFMP, so the requirement is waived for these beneficiaries. For more information on your Service's EFMP, visit the Department of Defense's Military Home Front Web page, www.militaryhomefront.dod.mil/.

Anyone registered in ECHO, may also be eligible for ECHO Home Health Care (EHHC), which provides medically-necessary skilled services to eligible homebound beneficiaries who generally need more than 28 to 35 hours per week of home health services or respite care. Beneficiaries are considered homebound if their condition does not generally allow

them to leave home, and leaving home requires considerable effort.

The benefit also helps eligible beneficiaries stay home instead of living in an institutional/acute care facility or skilled nursing facility. For more information on EHHC, visit www.tricare.osd.mil/factsheets/view-factsheet.cfm?id=331.

Keep medical records straight

A simple way to maintain a child's health care records is the Special Care Organizational Record. SCOR is a great resource and guide for organizing appointments and other important health care information. Many families use SCOR to organize their thoughts and questions before a doctor's appointment, as a diary to write notes during the appointment and to keep all medical information in one place. For more information on SCOR, visit www.tricare.osd.mil/ocmo/specneeds.cfm.

[mil/ocmo/specneeds.cfm](http://www.tricare.osd.mil/ocmo/specneeds.cfm).

Additional resources

For more information about ECHO benefits, eligibility requirements, updates and EFMP registration, visit www.tricare.osd.mil/echo or call your regional contractor: TRICARE Regional Office North (1-877-874-2273); TRO South (1-800-444-5445); or TRO West (1-888-874-9378). Overseas members should call 1-888-777-8343.

Members can sign up for the Special Needs Family listserv to get current information about the ECHO program by visiting www.tricare.osd.mil/tricaresubscriptions/.

(Editor's note: David N. Tornberg is acting deputy director at the TRICARE Management Activity.)

KUSAHC updates flu vaccine information

KUSAHC

Starting Dec. 5, Kirk U.S. Army Health Clinic will offer the flu vaccine to all eligible beneficiaries.

"We highly encourage all those over 65 years of age with chronic health conditions such as heart or lung disease, diabetes, kidney disease, blood disorder or a weakened immune system to receive this

immunization," said Lt. Col. Kathleen Wiltzie, deputy commander for Preventive Medicine. Beneficiaries 2 through 65 years of age with underlying health conditions which would increase their chance of serious complications from the flu, children age 6 months through 23 months, and women who are pregnant should also get the flu shot.

Beginning Dec. 5, no prescription will

be required.

The Immunization Clinic is now located in the same hallway as the laboratory and radiology on the first floor. Hours are Monday through Friday 7:30 a.m. to 4 p.m. The clinic closes each day from noon to 1 p.m. for lunch except Thursday closing from noon to 2 p.m.

The Flu Vaccine Hotline number is 410-306-3588.

Receiving urgent care

KUSAHC

Patients requiring urgent care should call the Kirk U.S. Army Health Clinic Call Center at 410-278-5475 to request a same day appointment. If the Call Center states that there are no same day appointments available for urgent problems, they will transfer the call to a triage nurse in either the Pediatric Clinic or the General Medicine Clinic.

The triage nurse will facilitate an urgent referral, if required, which will allow the patient to go to a civilian urgent care provider. The nurse will specify which civilian care provider the caller is authorized care.

If urgent care is needed after hours, weekends, or holidays, call the Staff Duty NCO at 410-278-1725. The Staff Duty NCO will notify the patient's primary care manager. If traveling and urgent care is needed, call 1-877-874-2273 (TRICARE).

If the patient obtains medical care without an urgent care referral, out-of-pocket expenses could be incurred.

Tricareonline.com offers healthful information

KUSAHC

Tricareonline.com offers Department of Defense beneficiaries, managers, and providers an array of interactive features and capabilities that are accessible 24/7 from any laptop or personal computer anywhere.

Some of the features available include a Personal Health Journal, Symptom checker, Rx

Checker, 18 million pages of consumer health information, disease management tools and TRICARE claims and benefits information.

One of the initiatives implemented through TOL is TRICARE prime appointment scheduling. Other features include prescription refills and renewals.

"Tricareonline.com is one of the most significant changes

in the Military Health System since the creation of TRICARE itself," said Lt. Col. Patrick Barrett, deputy commander for Administration at Kirk U.S. Army Health Clinic. "As a 'dot com' Internet system, it is accessible from any personal computer or laptop with an Internet connection in the world.

All TRICARE patient, provider and manager transac-

tions are routed through a secure, electronic portal.

"By linking 8.7 million beneficiaries, managers and providers, tricareonline.com is the largest Web based program in military or civilian health care," he said. "The program was designed to be intuitive and easy to navigate, even for new Internet users. This sophistication of the style, features and capabilities has



ASAP begins 2006 substance awareness training

Rebecca J. Chisholm
APG News

Fiscal year 2006 Army Substance Abuse Program's training which began Nov. 9 focuses on methamphetamines, addiction progression, DUI/DWI, post traumatic stress syndrome and depression.

Headed by Cynthia Scott, prevention coordinator, ASAP's goal is to encourage employers and employees to recognize the symptoms of substance abuse and find ways to help the abuser.

User comes forward

'Warrior Pride' keeps Soldiers substance free

Sgt. Ken Hall
Army News Service

The Warrior Pride Campaign is designed to standardize and incorporate Army Values and the Warrior Ethos in all substance-abuse awareness training.

The Army's Warrior Pride Campaign was created by Michael Biggerstaff at the Army Center for Substance Abuse Programs, also known as ACSAP.

"While it's important for all members of the Army community to receive substance-abuse

This year's training includes a speaker who was recently arrested for methamphetamine production in the local area. Carol and her son were living with a meth addict who not only consumed the drug, but was also creating it.

The process of creating meth involves a large number of lethal chemicals.

The cooking of the drug produces toxic fumes that can poison anyone living in the area and can explode at any time.

Living with a meth addict and cook led Carol to start using, and she

was soon addicted as well. The dangers of living in a trailer in a mobile home park could not compare to the dangers that faced Carol if she did not take the drugs, as withdrawal symptoms are severe.

Thus, after living in a meth lab for a period of time, Carol was able to get out of the situation when her family reported the lab to the police.

She has been charged with distribution and possession, and has pleaded guilty.

Carol is awaiting sentencing, which is to occur in January.

She is now living in a halfway

house and decided to speak here, and only here, about her addiction and the dangers that surround methamphetamines.

"This is an epidemic people, please don't ignore what you've heard [during the training] today," she said.

Along with Carol, other ASAP presenters of the training include Scott; Samson Robinson, ASAP program specialist; and Bill Sanchious, Employee Assistance Program.

Class times are 8:30 to 11:30 a.m. and 1 to 4 p.m. at both locations. Dates are:

Post Theater, building 3245	
Thursday	Feb. 16
Wednesday	Feb. 22
Thursday	June 8
Tuesday	June 27
Tuesday	Aug. 8
Thursday	Aug. 17
RDECOM Conference Center, building E-4810	
Wednesday	Nov. 30
Tuesday, Feb. 14	
Thursday, Feb. 23	
Wednesday, June 7	
Wednesday, June 28	
Wednesday, Aug. 9	
Wednesday, Aug. 16	

ASAP remains vigilant against drunk driving

ASAP

The Aberdeen Proving Ground Army Substance Abuse Program staff reminds everyone that December is "National Drunk and Drugged Driving Prevention Month" or "3-D Month," an effort to bring special attention to the problem of driving under the influence of alcohol or drugs.

Nine out of 10 Americans who participate in social events where alcohol is served feel that people should use designated drivers.

The ASAP suggests that party hosts

include alcohol-free beverages and protein-rich foods, and remind guests to plan ahead. Other suggestions to keep in mind if planning on going out to drink include:

- Designate a driver ahead of time. A designated driver is a non-drinking driver.
- Take a cab or public transportation.
- Make a reservation and spend the night.
- Consume food, sip drinks, and alternate with non-alcoholic beverages.
- Ask the server about a ride home if drinking to the point of impairment.



LEAVE DONATION

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and

OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Employees leaving the program should call Ronda McKinney, 410-278-8988, or e-mail rondamckinney@usag.apg.army.mil, to complete a termination form.

Employees eligible for donations in the Voluntary Leave Transfer Program

Michele Amrhein	Shirley Gross	Mary Pettitway
Andrew Buchanan	Melanie A. Hoffman	Tess Ramos (total hip replacement)
Leroy Carter	(parasinusitis, fibromyalgia condition)	Barbara Seker
Barbara Cascio	Lydia Langley	Cynthia Shelton
Barbara Crossley	Robyn Lee	Linda Shoaf
Lola Daniels	Michael Lewis	Tomika Silver
Shelia Davison (benign paroxysmal positional vertigo)	Wayne Kaiser	Alison Tichenor
Geraldine Eaton	Beverly King (caring for husband)	Gary Tudor (heart valve replacement)
Gregory Fox	Priscilla Kelly	Jerry Williams
Renee Gaffney	William B. McLean (kidney failure)	Billie Wooten
Susan Gorhan	Sandra Miller	Gerard Yursis

Well-being Council discusses gas pricing, shoplifting

Rebecca J. Chisholm
APG News

Col. John T. Wright, Garrison and installation deputy commander, began the APG Well-being Council meeting Nov. 17 by commenting on the rising cases of shoplifting reported by AFEES.

“It’s not high end items, it’s low cost things,” he said. “But, AFEES does a good job of catching violators.”

Also a problem is stealing and abusing cold medicines. Wright urged all to report anyone thought to be committing this crime.

Discussion centered around lower gas prices at off post locations.

AAFES sends out employees on a daily basis to do image surveys. The lowest price found is the one that is used on both sides of post.

CFC

The Combined Federal Campaign is at one third of its goal, Wright said.

“Those that give, give generously. But, participation

rates in some organizations are extremely low,” he said.

Health concerns

Optical benefits are available to all eligible dependents including glasses and exams, according to Lt. Col. William Rice, commander, Kirk U.S. Army Health Clinic. KUSAHC cannot provide contact lenses.

There will be a DENTAC change of command 10 a.m., Dec. 15 in the clinic’s Training Room.

AAFES

Commissary

The Commissary stated that patrons can use www.commissaries.com to create a shopping list that will be written in the order that the products can be found in the store.

A program on sex will be offered on a weekly basis from the chapel. Parents, teens and single Soldiers are invited to this Sunday night video.

Re-Nu-It Center

The Re-Nu-It Center has extended evening hours: Tuesdays and Thursdays, 9:30 a.m. to 6 p.m.; Fridays, 9:30

a.m. to 7 p.m.; Saturdays 8:30 a.m. to 3 p.m. and closed Sundays and Mondays.

Leaf pick up is on schedule and gutter clean outs will begin once most of the leaves are gone.

Law Enforcement, Security

DLES commented on the recent gate system failure on Harford Boulevard. A power outage caused the new barriers to go up and down for a period of time and the gate was closed.

“We don’t do as good as job as we could to get that info out,” said Rob Krauer, provost marshal, Directorate of Law Enforcement and Security.

ACS

Army Community Service will hold the annual tree lighting and Holiday Extravaganza 6 to 9 p.m., Dec. 7 at the Aberdeen Recreation Center. Tickets must be picked up at ACS for the event, though it is free.

The Well-being Council will not meet in December. The next meeting is Jan. 19.

SJA

From front page

Okla., but grew up in England where he attended English schools until he was 18. He received his commission as a military intelligence officer from Oklahoma State University in 1980. He served as a lawyer with a Reserve Civil Affairs unit, had a private practice, and was a workforce compensation trial attorney for the state of Oklahoma for seven years, before changing to active duty.

In 2001, Brady became the first Army judge advocate to graduate with a master’s of law degree, with honors, in information technology law from the John Marshall Law School in Chicago under the Army’s Advanced Civil

Schooling Program. He also is a graduate of the Command and General Staff College and the Civil Affairs Officer Advanced Course.

Before coming to Aberdeen Proving Ground he served as the deputy judge advocate for the U.S. European Command in Stuttgart, Germany. During that tour, he served for five

months as the NATO SJA for Joint Force Command Naples, which is commanded by a 4-star admiral who executes NATO missions in the Balkans, Mediterranean, and a NATO training mission in Iraq.

Brady is married to the former Shannon Clark and has two children from a previous



Photo courtesy of LT COL BRIAN BRADY, SJA
Lt. Col. Brian Brady, far right, staff judge advocate, holds a wormer, a device used to clear debris from cannon barrels, as he and fellow War of 1812 reenactors prepare to fire a six-pounder cannon during the Battle of Bladensburg commemoration in August.

This Soldier sings Sailor songs

In his spare time, Lt. Col. Brian Brady, staff judge advocate, serves as a reenactor with the Washington, D.C. area historical reenactment group, The Ships Company.

Particularly interested in the War of 1812, he often participates in reenactment events or observances at Fort McHenry.

“Not many realize the role Maryland played in the War of 1812,” Brady said.

His interest in the era led him to an even greater interest in sea chanteys (Sailor work songs that predate Soldiers’ cadences) and regular participation in local festivals, and he sings weekly in venues in Charlestown, Md., Fells Point and Annapolis.

“The songs vary from work song to ballad, many are from the 1700s to 1800s, the heyday of sail,” Brady said. “That’s when we had Clipper ships sailing from Liverpool to New York.

“The ships needed to get across the Atlantic quickly so the Sailors would sing these songs as a way to keep people focused on the task at hand.”

He said that some songs have been passed down from generations, and that in the 1940s people began capturing them on recordings or otherwise collecting them.

He said he recruited into reenactment after returning

to the United States from Kuwait 5 years ago. On Sept. 8, 2001, he participated at Defenders Day at Fort McHenry commemorating the U.S. defense against the British bombardment of 1814.

“On September 11, it struck me cleanly. We were at war again and charged with defending the homeland again,” Brady said.

He said he’s researched maritime history extensively ever since, and is particularly enthused about the exploits of Marylander Joshua Barney who he said “defines the words ‘hero’ and ‘Army value of selfless service.’”

On Veterans Day 2005, Brady participated in the Water Battery Dedication at Fort McHenry.

He regularly participates in other War of 1812 reenactments such as the Battle of Bladensburg, the pillaging of Havre de Grace and the Battle of St. Leonard’s Creek. He also supports events on board the U.S.S. Constellation in Baltimore’s Inner Harbor.

“I’m fascinated by it all,” Brady said. “People lived completely different kinds of lives then. It’s a way of connecting to a special period in American history while remembering those who make sacrifices for their country today.”